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WEIGHT WATCHERS

Exercise physiologist and men's consultant **Allan Bolton**, *Weight Watchers* magazine fitness editor **Martha Lourey-Bird**, editor **Mooney** and nutrition editor **Emma Stirling**

Text Pacific Publishing's sales director/publisher **Helen Morassut**, managing director **Georgina Brujic** and editorial director **Alix Clark**

Weight Watchers magazine held a breakfast BBQ at Bondi Beach from 8am - 11am last week, bringing the pages of the Pacific Magazines' title to life and providing a free healthy feed for more than 1,000 Sydneysiders in Bondi Park, overlooking Bondi Pavilion. *Weight Watchers* magazine nutrition editor **Emma Stirling**, editor **Jacqueline Mooney**, fitness editor **Martha Lourey-Bird**, *Weight Watchers* ambassador and Olympian **Melinda Gainsford-Taylor**, with successful slimmer and covergirl **Sharon McLeod**